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Crown and Bridge Post-operative Instructions

Here are just a few steps to ensure your comfort after the procedure and so that you can enjoy your prosthesis.

Temporary crown: If you have received a temporary crown today please follow instructions as advised.

1. Sometimes despite all precautions temporary restorations come loose or fracture, if that happens please give us a call so we can place a new temporary restoration.
2. If you are out of town and the crown has come off, carefully clean out the previous cement. Then go to a pharmacy and purchase a temporary dental cement or denture adhesive (Fixodent). Replace the temporary on your tooth with the new material inside and seat firmly. Make sure it is in the proper orientation; then bite down all the way to hold it in place. **Please do not leave the temporary restoration out of your mouth for an extended period of time because the surrounding teeth may move and the final restoration may not fit. Please give us a call so we can see you as soon as possible.**
3. Sticky and hard foods and gum may stick to the temporary restoration and cause it to come out. Please avoid sticky and hard foods and gum. This is not the case with the final restoration.

Final Crown: If you have received your final crown today please follow the instruction as advised below.

1. Be sure to brush and floss your new restoration to keep the area healthy. With a bridge, you will need a special floss threader or other aids to reach and clean all areas properly
2. If you received anesthesia for the cementation of the final crowns, please make sure not to eat anything until the anesthesia wears off. Please be careful not to bite your lip, cheek or tongue while you are numb.
3. It is not uncommon to experience some soreness or temperature sensitivity for a few weeks. Rinsing with warm salt water and taking over the counter pain medication may be helpful. Call us if any sensitivity or soreness persists for more than 2 weeks or if you experience any sharp pain.
4. It is very important that your "bite" is perfect, let us know if you experience any change in the way it feels.
5. Avoid chewing on your new crown for 45 minutes to allow the final cement to completely set. Also avoid chewing or biting on hard candy or nuts which might break both the teeth and the restorations.

If you have any questions or concerns, please call our office. Your beautiful Smile and your comfort is our priority!!